



GLUTEN FREE PSYCHIATRY
PODCAST

Polypharmacy in Mainstream Medicine



Download the Clinical Handbook

- Use the Quick-Reference Chart in Table 3
- Enjoy safe prescribing!

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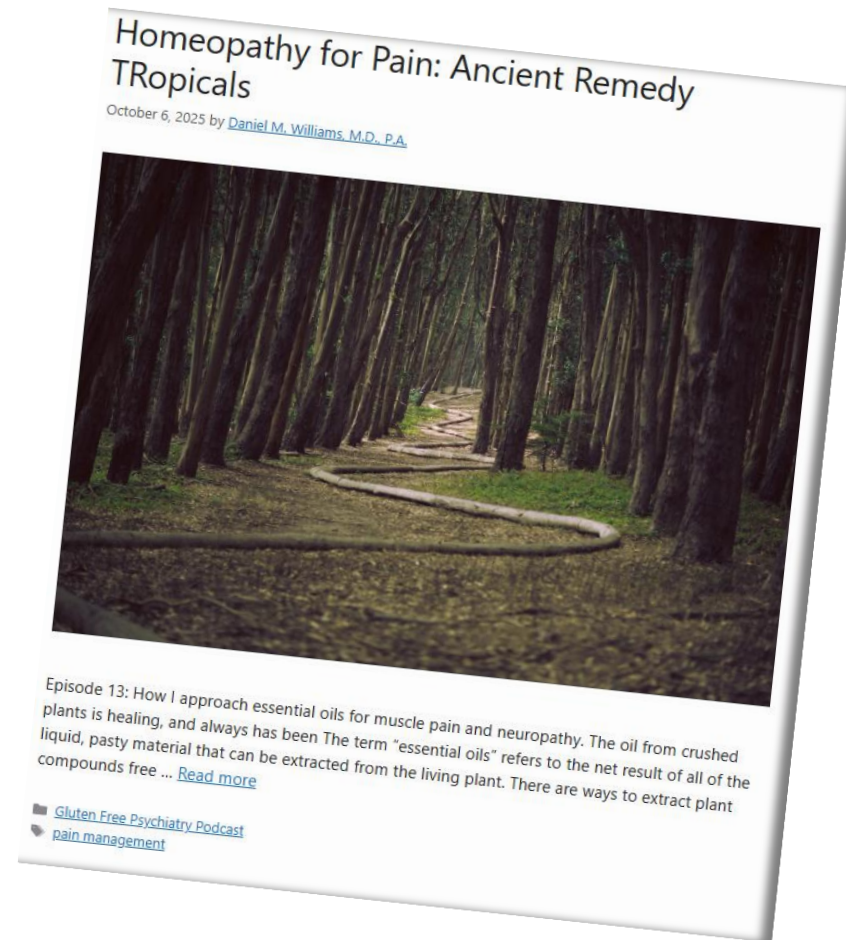
Mixing Controlled Substances

Can I prescribe this?	If these substances already being used...						
	Alcohol	Benzo's	Buprenorphine	Meth	Opiates	Stimulants	THC
	Benzo's	X	X	X	X	X	X
	Buprenorphine	X	X	X	X		
	Spravato	X	X	X		X	X
	Stimulants	X	X		X		X
	Vivitrol		X	X	X		

Table 3: Contraindications Among Controlled Substances: Do Not Mix



Mixing Controlled Substances



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Episode 15: Polypharmacy

Polypharmacy In Mainstream Medicine

October 21, 2025 by [Daniel M. Williams, M.D., P.A.](#)



Episode 15: Download and Share my Cheat-Sheet for Mixing Dangerous Prescription Medications. Polypharmacy is a term used to describe the interaction of multiple medications with increased risk of adverse outcomes including disability and death. The most commonly reported definition of polypharmacy was the numerical definition of five or more medications daily (n = 51, 46.4% ... [Read more](#)

[Gluten Free Psychiatry Podcast](#), [Psychiatric Medication Management](#), [Toxic Exposures](#)
[overmedicated](#), [polypharmacy](#)





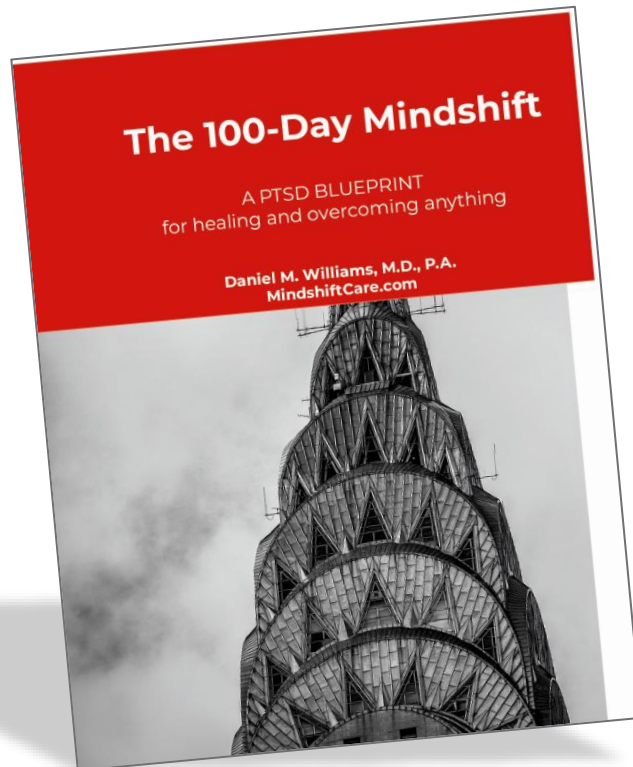
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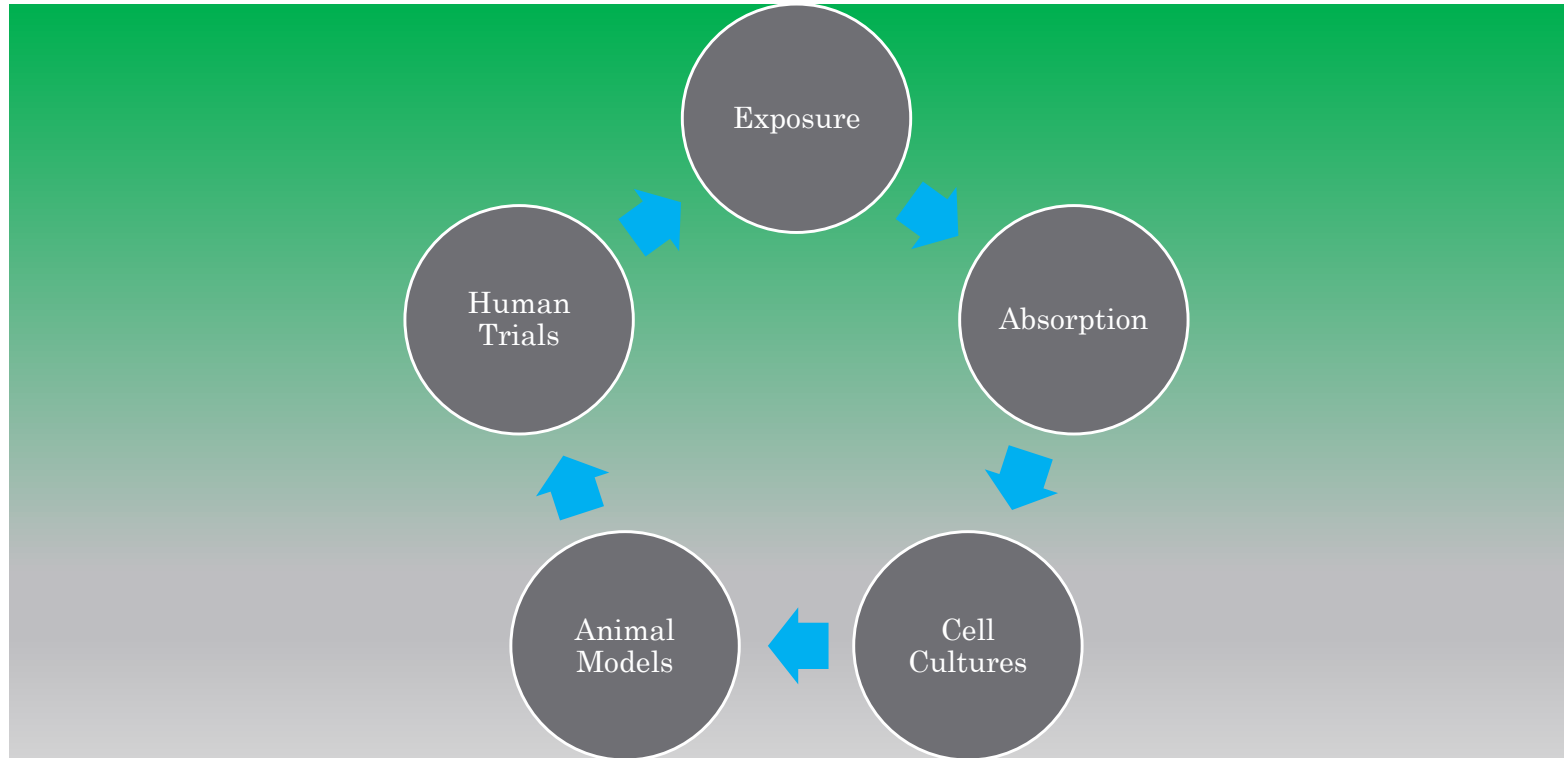


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“A friend loveth at all times;
And a brother is born for adversity.”
Proverbs 17:17 ASV

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