Urgent Times Call for Resurgence of Mastermind Groups

Presented by Dr. Daniel M. Williams, MD, PA

Founder, MindshiftCare.com















Berg Frankenstein – 12th Century

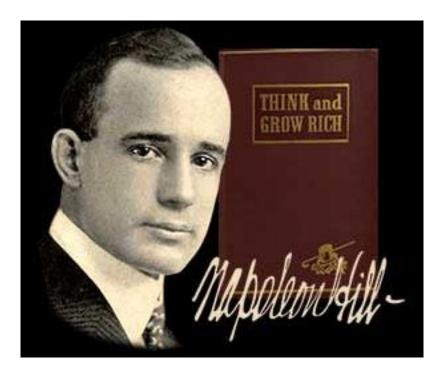
- Renaissance: A period of great cultural and artistic revival that began in Italy in the 14th century and spread throughout Europe, emphasizing humanism and the rediscovery of classical texts.
- Age of Discovery: A period of European global exploration that started in the 15th century and continued into the 17th century, marked by the discovery of new trade routes and the colonization of the Americas.
- Early Modern Period: A time of significant social, political, and cultural changes, including the Protestant Reformation, the Scientific Revolution, and the development of nation-states.





How did they do it?

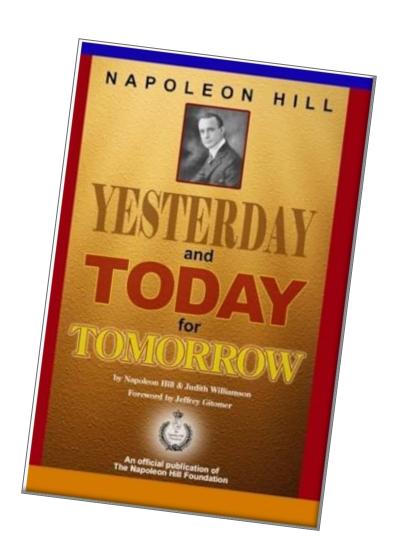
- 17 shared traits
- Mastermind groups





I'm quoted in on their books:

2011 Edition









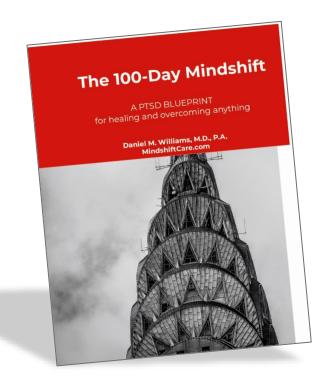


100-Day Mindshift

Live Q&A with the author.

 Journal your physical, mental, spiritual and emotional journey for 100 days.

 Discuss any previous book or video course.





Detox Fit & Fertile

 Neurotoxins kill brain cells and cause infertility.

 PFAS comes out of body during ionic foot bath.

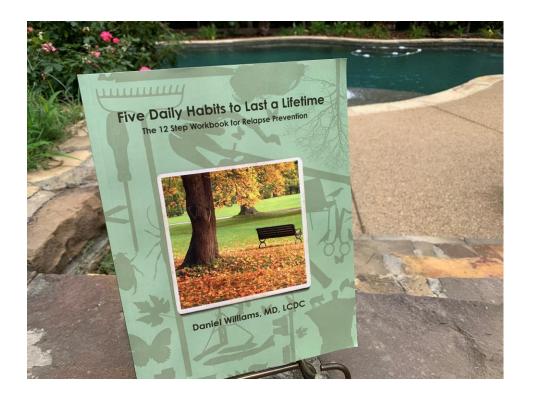
Goal: When do I get tested?





Relapse Prevention

- For all addictions and, medical causes of Dopamine Dysregulation Disorder
- Learn <u>The Big Five</u> for relapse prevention.

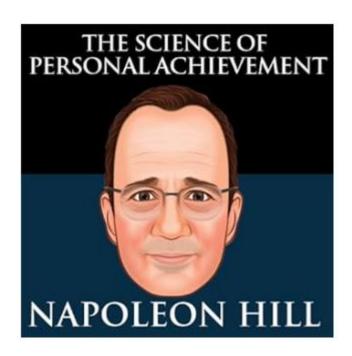




Making Mindshifters

1. Complete the Definite Major Purpose worksheet.

2. Listen and take notes to Napoleon Hill's audio program, The Science of Personal Achievement.





A Free, Virtual IOP Experience

- Relapse Prevention
- Anxiety Reduction
- Pet Therapy for PTSD
- Sex Therapy for PTSD
- Psychotherapy for PTSD

Core Curriculum: How to Mindshift

Mindshifting is the simultaneous changing of neural networks and harmonic emotional frequencies at will. This course intuitively guides you to forcefully recreate physical, mental, spiritual, and emotional balance. Benefits include improved mental perseverance, problem-solving skills, and

Mindshift; noun, verb. Definition:

- 1) To therapeutically change the active firing of neural networks, mental intention, and harmonic frequencies simultaneously.
- 2) To upgrade knowledge rapidly. For example, scheduling a date night to watch ground-breaking mental health documentaries so your family can grow together. (If your significant other won't cooperate, see if they're interested in Pet Therapy or <u>Sex Therapy</u> videos. You're welcome.)
- 3) Advanced problem solving.
- 4) Urban Dictionary 11/4/2011 "A shift in your mindset caused by creating something out of a fine balance between insights and innovation, leading to a MindShift. A MindShifter is one who professes such change." (I guess I'm a Mindshifter, then. Are you? Do you want to become a Mindshifter with me?)



Virtual Intensive Outpatient

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MINDSHIFT CARE

An Independent Voice for Behavioral Health

