

Urgent Times Call for Resurgence of Mastermind Groups

Presented by Dr. Daniel M. Williams, MD, PA

Founder, MindshiftCare.com



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Berg Frankenstein – 12th Century

- **Renaissance:** A period of great cultural and artistic revival that began in Italy in the 14th century and spread throughout Europe, emphasizing humanism and the rediscovery of classical texts.
- **Age of Discovery:** A period of European global exploration that started in the 15th century and continued into the 17th century, marked by the discovery of new trade routes and the colonization of the Americas.
- **Early Modern Period:** A time of significant social, political, and cultural changes, including the Protestant Reformation, the Scientific Revolution, and the development of nation-states.



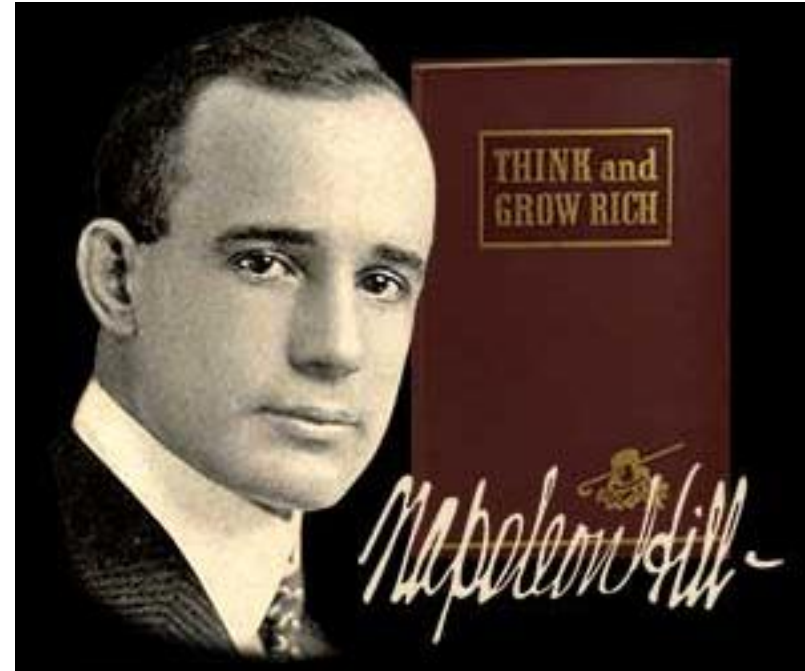
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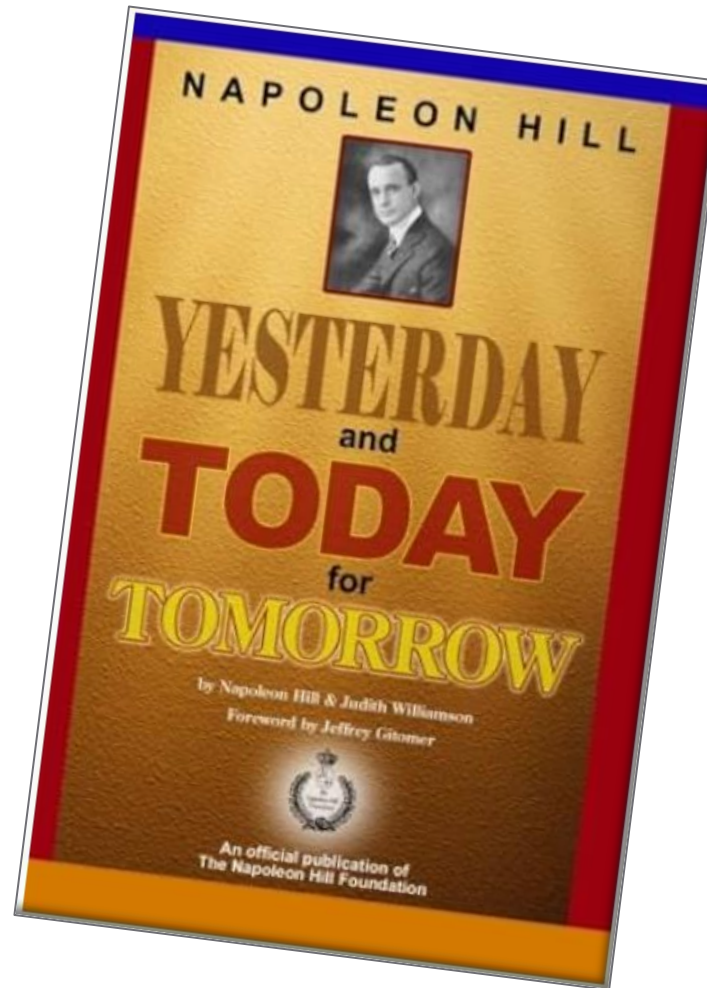
How did they do it?

- 17 shared traits
- Mastermind groups



I'm quoted in on their books:

2011 Edition



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GLUTEN FREE PSYCHIATRY

PODCAST

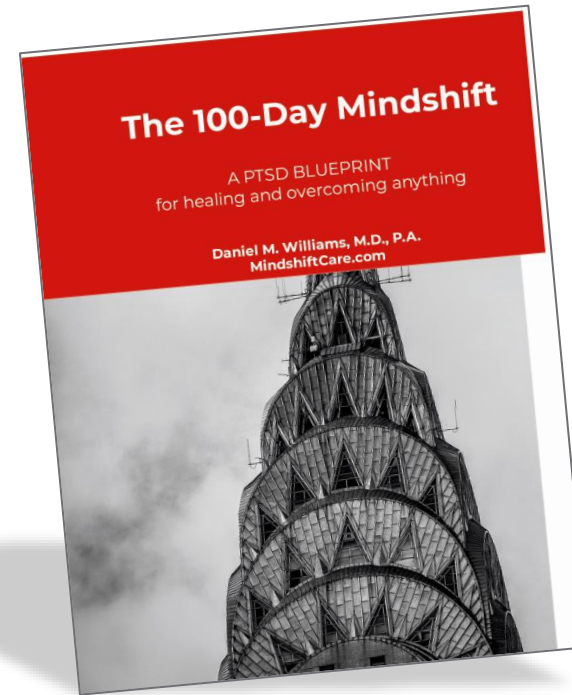


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100-Day Mindshift

- Live Q&A with the author.
- Journal your physical, mental, spiritual and emotional journey for 100 days.
- Discuss any previous [book](#) or [video](#) course.



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Detox Fit & Fertile

- Neurotoxins kill brain cells and cause infertility.
- PFAS comes out of body during ionic foot bath.
- Goal: When do I get tested?



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Relapse Prevention

- For all addictions and, medical causes of Dopamine Dysregulation Disorder
- Learn [The Big Five](#) for relapse prevention.

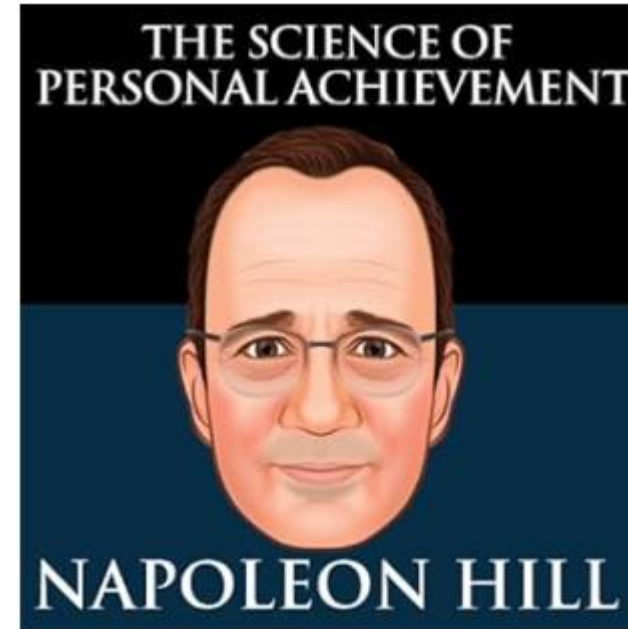


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Making Mindshifters

1. Complete the Definite Major Purpose [worksheet](#).
2. Listen and take notes to Napoleon Hill's audio program, [The Science of Personal Achievement](#).

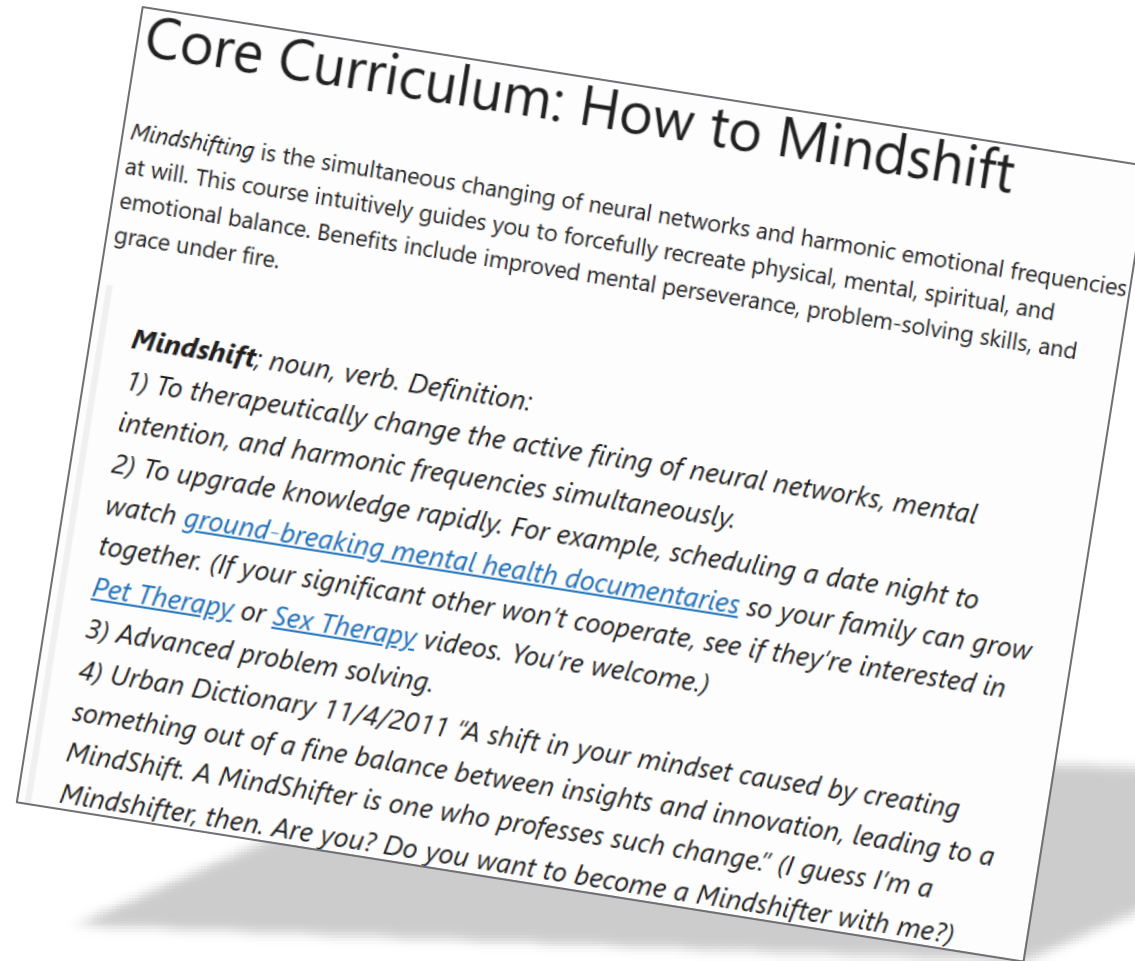


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A Free, Virtual IOP Experience

- Relapse Prevention
- Anxiety Reduction
- Pet Therapy for PTSD
- Sex Therapy for PTSD
- Psychotherapy for PTSD



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Virtual Intensive Outpatient

Presented by Dr. Daniel M. Williams, MD, PA

Founder, [MindshiftCare.com](https://www.MindshiftCare.com)



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Texas- Mexico Border 2022

