Toxic Brain Syndrome

Presented by Dr. Daniel M. Williams, MD, PA

Founder, MindshiftCare.com



MINDSHIFT CARE

An Independent Voice for Behavioral Health

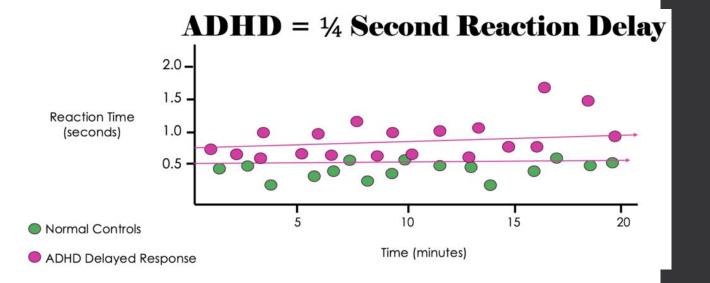
What is a toxic brain?

- Exposure to toxin
- Noticed clinical effects
 - Executive dysfunction = ADHD symptoms
 - High cholesterol
 - Low vitamin D
 - · Thyroid disease
 - Kidney and other cancers
- At least partially reversible?



ADHD as a model for toxic brain

- Anxiety (performance)
- Poor memory of conversations
- Irritability
- Impulsivity





Quality Behavioral QB Test





In clinic testing



Headband, motion-tracking camera, and stand



Instantly generated reports

FDA-cleared

for diagnosis and treatment evaluation

Features

Unlimited clinical user accounts

Subscription payment

QbTest machine supported by a technical support team

Reporting tool to view reports and re-test comparisons

Secure end-to-end encryption

Marketing materials to promote your ADHD services

• Sample QB Report: https://qbtech.com/adhd-tests/qbtest/

Many Clinical effects



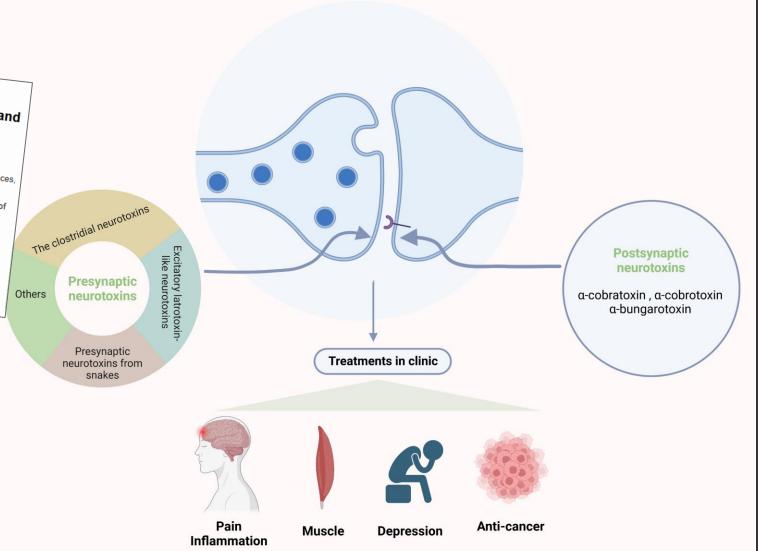
Neurotoxins Acting at Synaptic Sites: A Brief Review on Mechanisms and by Kunming Zhou ¹, Weifeng Luo ², Tong Liu ³, Yong Ni ² and Zhenghong Qin 1,* ⊠

- Department of Pharmacology and Laboratory of Aging and Nervous Diseases, College of Pharmaceutical Sciences, 2 Department of Neurology and Clinical Research Center of Neurological Disease, The Second Affiliated Hospital of
- ³ Institute of Pain Medicine and Special Environmental Medicine, Nantong University, Nantong 226019, China

Toxins 2023, 15(1), 18; https://doi.org/10.3390/toxins15010018

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Zhou K, Luo W, Liu T, Ni Y, Qin Z.
 Neurotoxins Acting at Synaptic Sites: A Brief Review on Mechanisms and Clinical Applications. *Toxins*. 2023; 15(1):18. https://doi.org/10.3390/toxins15010018



How the test works

- Task: During the test, various symbols will appear on the computer screen. Your task is to press the response button when a specific symbol or color appears.
- **Duration**: The test typically lasts 15 to 20 minutes, depending on the participant's age.
- Language and Skills: The test does not require knowledge of English or reading and mathematical skills, making it accessible to a wide range of participants.
- Results: Controlled for age and gender. Ages 6-60.



Quality Behavioral QB Test

NICE-recommended medical technology

Our medical technology is the first and only to be <u>recommended by the National Institute for Clinical Excellence</u> in its diagnostic guidelines for assessing ADHD in children and young people – a testament to its clinical utility and efficacy based on rigorous evaluation of the evidence.

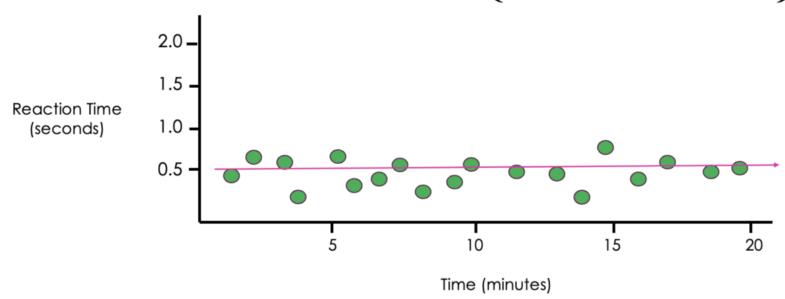
- · Reduces the delay in diagnostic process
- Lowers the chances of under and over diagnosis
- · Minimises the change of age and gender bias



Sample QB Report: https://qbtech.com/adhd-tests/qbtest/

Average response time = 0.5 seconds

Normal Controls (without ADHD)





Average response time = 0.75 seconds

Reaction Time (seconds) 2.0 - 1.5 - 1.0 - 0.5 - 1.0 - 1.0 - 1.5 - 1.0 - 1.5 - 1.0 -





Mastermind Groups

These free meetings consist of people working together in harmony with definiteness of purpose in order to solve a common problem. New to Mastermind Groups? Here's our active Mastermind Groups for different purposes:

Live Events Calendar

- 1. The 100-Day Mindshift. This is the live Q&A with me. Daniel Williams, MD, the author of all of the Mindshift video courses. My business model is to provide all of the training videos to the world for free, resulting in a global, mental health Mindshift. These courses are for everyone because they teach self-directed, holistic life-building. Topics cover Anxiety Reduction, Sex therapy for PTSD, Pet therapy for PTSD, and training for professionals and caregivers. Law enforcement, military, first responders of all types and veterans, this is your
- 2. Relapse Prevention. Live support for **any addiction** or medical condition that results in Dopamine Dysregulation Disorder. If you were to watch all of my videos in one sitting, you might want to binge on something. If so, the Relapse Prevention group is here for you. My unique approach combines elements of 12-Step Recovery with holistic discussions of radical self-care, earthing science, filtering neurotoxins, detoxification and how to get medications that contain no gluten. Speaking is optional. It starts with a brief presentation and then
- 3. DETOX Fit & Fertile. This is a support group for people interested in detoxing from any toxic chemicals like BPA, PFAS, heavy metals, RoundUptm, and more. Dr. Williams will share his own PFAS Detox Protocol (poly-fluory) alkyl substances), not-so-affectionately known as the "forever chemicals". Research shows that we're all being feminized and sterilized because so many toxins act like estrogen. Making babies involves sex therapy, psychology, physiology, sometimes psychiatry, and now...toxicology. Did you know 95% of sperm y, and normalizationagy, and you know 30,70 or apenin



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A Free, Virtual IOP Experience

- Relapse Prevention
- Anxiety Reduction
- Pet Therapy for PTSD
- Sex Therapy for PTSD
- Psychotherapy for PTSD

Core Curriculum: How to Mindshift

Mindshifting is the simultaneous changing of neural networks and harmonic emotional frequencies at will. This course intuitively guides you to forcefully recreate physical, mental, spiritual, and emotional balance. Benefits include improved mental perseverance, problem-solving skills, and

Mindshift; noun, verb. Definition:

- 1) To therapeutically change the active firing of neural networks, mental intention, and harmonic frequencies simultaneously.
- 2) To upgrade knowledge rapidly. For example, scheduling a date night to watch ground-breaking mental health documentaries so your family can grow together. (If your significant other won't cooperate, see if they're interested in Pet Therapy or <u>Sex Therapy</u> videos. You're welcome.)
- 3) Advanced problem solving.
- 4) Urban Dictionary 11/4/2011 "A shift in your mindset caused by creating something out of a fine balance between insights and innovation, leading to a MindShift. A MindShifter is one who professes such change." (I guess I'm a Mindshifter, then. Are you? Do you want to become a Mindshifter with me?)



How To Reach Me: MindshiftCare.com

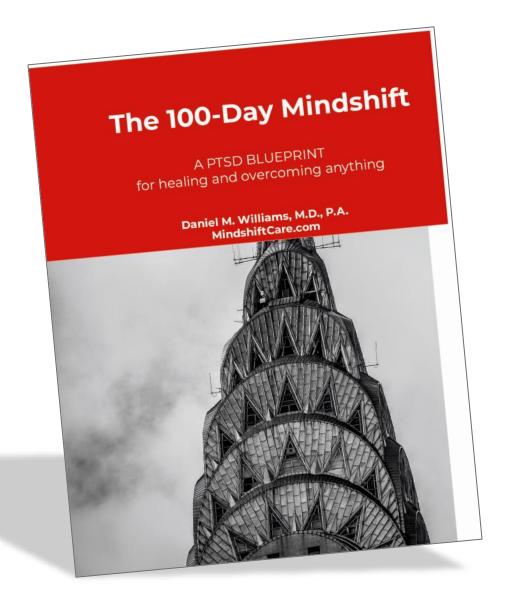
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- 2. <u>Relapse Prevention</u>. Live support for any addiction or medical condition that results in *Dopamine Dysregulation Disorder*. If you were to watch all of my videos in one sitting, you might want to binge on something. If so, the Relapse Prevention group is here for you. My unique approach combines elements of 12-Step Recovery with holistic discussions of radical self-care, earthing science, filtering neurotoxins, detoxification and how to get medications that contain no gluten. Speaking is optional, it starts with a brief presentation and then opens up for group discussion.
- 3. Support for Infertility. Making babies involves sex therapy, psychology, physiology, sometimes psychiatry, and now...toxicology. Did you know 95% of sperm samples in the US contain the weed-killer RoundUp^{Im}, which destroys their function? Did you know that atrazine, another herbicide, is also in the water and causes sterilization and spontaneous hermaphroditism / sex changes in frogs? This is a support group for people interested in detoxing from any toxic chemicals like BPA, PFAS, heavy metals, RoundUp^{Im}, and more. Dr. Williams will share his own PFAS Detox Protocol (poly-fluoryl alkyl substances), not-so-affectionately known as the "forever chemicals". Couples facing infertility find hope and recourses.
- 4. Making Mindshifters. This is a true Mastermind Alliance following the original principles from the 19th Century. The goal of overseeing the other Mastermind groups, steering their direction, managing their growth, etc. Anyone can participate. We study Napoleon Hill's, Science of Personal Achievement audio program available for free with Audible (trial offer I think, the link is for Amazon that says 0\$.). This is my Leader Development 2.0 program. The vision is to build a coaching course where I can help you develop your story, market your skills, and launch an information business or ministry of your own.





Use this <u>healing guide</u> as a journal while you study our video programs at your own pace.

- •Watch <u>free videos</u> in any order
- •Join a <u>live discussion</u> with the author



Virtual Intensive Outpatient

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