

DANIEL MARK WILLIAMS, M.D.

Board-Certified Psychiatrist
Private Practice: MindshiftCare.com

EDUCATION

6/2016	Captain's Career Course, San Antonio, Texas
7/2011-6/2015	Baylor Scott & White Hospital, Texas A & M Health Science Center, General Adult Psychiatry Residency Program, Temple, Texas
7/2014	Combat Operational Stress Control Course, San Antonio, Texas
7/2013	Basic Officer Leader Course, Ft. Sam Houston, Texas
2007-2008	University of Texas Health Science Center at Houston, Emergency Medicine Residency Program, Internship
2003-2007	University of Texas Medical School at Houston Doctorate of Medicine
2000-2002	University of Texas at Tyler Bachelor of Science, Biology, <i>Magna cum Laude</i>
1994-2002	University of Maryland University College, US Army – Europe Associate of Arts, General Studies German Studies Certificate
4/1998-7/1998	Basic Noncommissioned Officer Leadership Course, Fort Sam Houston, San Antonio, Texas
11/1995	Noncommissioned Officer Primary Leadership Development Course, Neurenberg, Germany
10/1993	German Head Start Orientation Program, Wiesbaden, Germany
6/1993-7/1993	US Army Advanced Individual Training: Veterinary Food Inspection School, Fort Sam Houston, San Antonio, Texas
5/1993-7/1993	US Army Basic Combat Training, Class 3-93, Charlie Company, 2-10th Infantry, 3rd Brigade, Fort Leonard Wood, Missouri
1986-1990	J. Frank Dobie High School, Houston, Texas

EMPLOYMENT HISTORY

- 4/2023-8/2024 **Eustasis Psychiatric & Addiction Health**, Medical Director
- Direct patient care and supervision of PMHNP's and PA's in a busy psychiatric urgent care
 - Authored the Clinical Manual: Urgent Care Policies and Standard Operating Procedures
- 8/2021-4-2023 **Mindcare Solutions, LLC**, Staff Psychiatrist
- Telepsychiatry medication management services to four GEO prisons in Texas: Karnes Correctional, Karnes Family, Val Verde and Joe Corley.
- 2/2021-7/2021 **Denver Springs Hospital**, Staff Psychiatrist
Reported to: Mark Littrell CEO
Responsibilities:
- Supervised 7 staff: MD, NP's
 - Taught medical students from Rocky Vista College of Osteopathic Medicine
 - Wrote curriculum for trauma-informed hospital
- 10/2020-1/2021 **Texas Army National Guard**, Behavioral Health Officer
Reported to: 328th Combat Surgical Hospital, Camp Arifjan, Kuwait
- 1/2017-1/2021 **Veterans Health Administration:** Staff Psychiatrist
Reported to: Dr. Anna Birks
Accomplishments:
- Provided telework mental health services to South Carolina
 - Served as acting Medical Director
 - Full time, 40 hours per week
- 7/2015-1/2017 **East Texas Medical Center, Behavioral Health Center:** Psychiatrist
Reported to: Dr. Greg Pogue
Accomplishments:
- Launched the Posttraumatic Stress Disorder (PTSD) – dual diagnosis treatment program
 - Medical Director of Veteran's PTSD Services and Chemical Dependence Intensive Outpatient Program
 - Inpatient and outpatient psychiatry services for 75 bed psychiatry hospital
- 7/2011- 6/2015 **Baylor Scott & White Health Hospital:** Psychiatry Resident
Reported to: Virginia M. Flores, MD, Program Director
Accomplishments:
- Completed 22 research activities.
 - Served as Chief Resident.
- 01/2009-6/2011 **Premedical Solutions, LLC:** Principal Investigator
- Created an online mentorship tool for college and medical school students. Conducted research on web-based education to enhance competitiveness of disadvantaged students.
- 7/2007-12/2008 **University of Texas, Houston Emergency Medicine Residency:** Intern
Reported to: Eric Reichman, MD, PhD, Program Director

Accomplishments:

- Taught physicians and emergency medical personnel monthly up-to-date lectures core medical curriculum.
- Taught annual Advanced Cardiac Life Support course.

7/2002-6/2003

University of Texas Northeast, Tyler TX: Research Asst.

Reported to: Pierre Neuenschwander, PhD, Primary Investigator

Accomplishments:

- Created and implemented a comprehensive Microsoft Access database organizing thousands of purified protein products used in characterization studies.
- Maintained the bacterial and mammalian cell culture lines in liquid nitrogen storage containers.
- Cultured purified cell lines of mouse and E. coli strains encoded with human tissue factor and clotting factors and assessed the quality with various clotting enzyme assays.

1/2000-7/2002

Alliance Clinical Laboratories: Phlebotomy Supervisor

Reported to: Beverly Larson, Operations Manager

Accomplishments:

- Coordinated after-hours emergency laboratory testing for over 50 nursing homes in a tri-state area.
- Trained nurses in specimen collection.

4/1993/-1/2000

US Army, Sergeant (E-5) Promotable

Specialty: Veterinary Food Inspection Specialist (91R20)

Reported to: Noncommissioned officer supervisor in the chain of command and commissioned officers when working independently

Accomplishments:

- Coordinated inspections on two US Government contracts with an average annual value of \$15,799,185.
- Assessed over 15 million pounds and 589 line items of residual subsistence unfit for continued storage and earmarked much of it for humanitarian efforts in the European theatre, including the Kosovo War.
- Single-handedly ensured wholesomeness of 2 million pounds of frozen subsistence per month in Bremerhaven, Germany.
- Became interested in medicine while assisting in the delivery of over 24,000 Yellow Fever and *Meningococcus* immunizations in Benin, Africa.
- Conducted on-site, commercial slaughter plant sanitary inspections of beef pork, and chicken destined for commissaries throughout Europe.

LEADERSHIP

2024	Chair, Process Improvement Committee, Eustasis, Springfield, MO
2016	Co-founded Project Healing Heroes, 501(C)(3), fund-raiser
2015-2017	PTSD Round Table, weekly volunteer class instructor for the public, ETMC, Tyler, TX.
2014-2015	Chief Resident, Baylor Scott & White Health, General Adult Psychiatry Residency Program
2014-2015	Residency Training Committee, Texas A&M at Scott & White Healthcare, General Adult Psychiatry Residency Program
2013-2015	Military Point of Contact, Family Readiness Group, Texas Medical Command, U.S. Army National Guard
2013-2014	Research Mentor, Baylor-Scott & White Undergraduate Program
2013-2014	Task Force on Membership, Texas Medical Association
2013	Co-Chief Resident, Texas A&M at Scott & White Healthcare, General Adult Psychiatry Residency Program
2012-2013	Educational Scholarships and Loan Committee, Texas Medical Assn.
2012-2013	Board of Trustees, Texas Medical Association
2012-2013	Chair-Elect, Texas Medical Association, Resident and Fellow Section
2004-2008	Curriculum Development, Medical School Student Body Website
2004-2005	Medical School Student Computer Technology Committee
2004-2005	Coordinated a donation from The Rogers Foundation to the Willed Body Program at the University of Texas at Houston (\$25,000) for construction of memorial to honor those that donate their bodies to scientific education.
2003-2007	Historian, Class of 2007, Univ. of Texas Medical School at Houston

MEMBERSHIPS

2012-Present	Texas Society of Psychiatric Physicians
2012-Present	American Psychiatric Association
2006-2008	American College of Emergency Physicians – Tactical Section
2006-2008	Emergency Medicine Resident's Association – Texas Chapter
2006-2008	American Academy of Emergency Medicine
2003-Present	Texas Medical Association
2003-2007	American Medical Student Association
2003-2007	Emergency Medicine Student Association
2002-Lifetime	Phi Theta Kappa Society, Alpha Chi National College Honor Society
2000-Lifetime	Beta Beta Beta Biological Honor Society

EXPIRED LICENSES

10/2009-6/2018	Licensed Chemical Dependency Counselor, #11780
7/1/2011-6/2015	Physician in Training license #BP20040558, ID #527369
6/2008	United States Medical Licensing Examination (USMLE) Step 3
10/2007	USMLE Step 2 CS (Clinical Skills)
10/2006	USMLE Step 2 CK (Clinical Knowledge)
7/2005	USMLE Step 1
8/1995	Customs Clearance Officer, Bremerhaven, Germany

EXPIRED CERTIFICATES

6/28/2014	DPS, Texas Controlled Substances Registration (obsolete 9/2016)
5/2015	Advanced Cardiac Life Support
1/2012	Nonviolent Crisis Intervention Certification
1/2008	Advanced Cardiac Life Support Instructor
7/2007	Pediatric Advanced Life Support
1/2007	Advanced Cardiac Life Support
10/1996	Expert Field Medical Badge
7/1995	Mame Medical Certificate of Achievement
3/1994	Food Protection Program Certification

AWARDS

08/2017	Texas Humanitarian Service Award by the TX Army National Guard for Service during Hurricane Harvey
11/2015	Honored by Headquarters, Joint Commission on Accreditation of Healthcare Organizations as developing a model Chemical Dependence Intensive Outpatient Program
09/2015	Texas Army National Guard, Recruiting and Retention Command Coin
08/2015	U.S. Army, National Guard of Texas, Texas Medical Command Coin
07/2015	The Army Achievement Medal
04/2015	John L. Montgomery, MD Resident and Fellow Chapter of the Gold Humanism Honor Society
10/2014	Texas A&M Medical Student Teaching Award
05/2014	Departmentally-Nominated Podium Presentation Certificate of Recognition, Baylor Scott & White, 2 nd Annual Academic Operations (A.O.) Research Days 2014
06/2012	Research Mentorship Award, Baylor Scott & White Research A.O.
03/2011	3 rd Place poster presentation, 2011 American Medical Student Assn. National Convention <i>AMSA Mastermind Project: A Confidential, Long-Term Approach To Student Wellness</i> . Washington, D.C.
05/2007	Bronze Outreach Award, UT Houston Medical School Admissions Dept.
07/2002	<i>Magna cum Laude</i> , B.S. Biology, University of Texas at Tyler
01/1998-04/1999	Two-Time achievement of President's List, Francis Marion University
09/1997	U.S. Army Europe, Veterinary Command Coin
07/1997	The Army Commendation Medal
07/1997	Runner Up, Soldier of the Year, 110 th Med. Det. US Army Europe
04/1997	The Army Achievement Medal
03/1997	Deans List, University of Maryland, European Branch
11/1996	The Army Achievement Medal
01/1996	Good Conduct Medal, 110 th Medical Detachment, US Army Europe

07/1995	Certificate of Achievement
03/1996-07/1997	5-Time winner Soldier of the Quarter, 110 th Medical Detachment
04/1995	Schutzenschnur, German Weapons Bronze Qualification Award
01/1995	Army Driver's Safety Badge
12/1994-07/1997	2-Time winner Soldier of the Quarter, 100 th Medical Battalion
09/1994	Certificate of Achievement
09/1994	Soldier of the Month, 110 th Medical Detachment, US Army Europe

FUNDING AWARDS

2016	Secured \$84,000 in funding for Project Healing Heroes, a veteran-owned, co-founded, 501(c)(3) nonprofit organization
2014	Departmentally-Nominated Research Award, courtesy Baylor Scott & White Health, 2 nd Annual Academic Operations Research Days 2014
2014	Research Travel Award to Berlin, Germany, courtesy Center for Applied Health Research. International Society for Affective Disorders.
2013	Research Mentorship Award, Scott & White Research Operations

RESEARCH

3/2012-12/2015	Center for Applied Health Research Design: Retrospective chart review of military family psychological treatment records to determine the effect of Project Homefront using initial and 90 days post-treatment validated instruments.	Temple TX
5/2014-10/2014	Baylor Scott & White Risk Management Department Design: Qualitative analysis of focus groups regarding traumatic experiences in healthcare. Findings: Made recommendations for the development of risk management teams to assist in the emotional and cognitive coping with adverse events in healthcare.	Temple TX
6/2013-1/2014	Baylor Scott & White Health Design: Administered the Maslach Burnout Inventory to premedical students during summer break and Fall final exams. Findings: Rates of burnout were higher than in comparative studies of medical students and residents.	Temple TX
3/2012-12/2013	Center for Applied Health Research Design: Qualitative assessment of structured interviews transcribed from key personnel in the implementation of Homefront: a military family psychological treatment intervention. Findings: Identified recommendations for future start-up programs.	Temple TX
2008-2011	Premedical Solutions, LLC Design: Identified a novel mechanism for recruiting future physicians interested in serving in medically underserved areas. Findings: Premedical, undergraduate burnout is higher than medical students and residents. Online mentorship tools can be	Flint TX

effective in increasing matriculation of disadvantaged students into medical careers.

Design: Premedical curriculum development with user analytic software

Findings: Premedical students prefer multi-media format for career enhancement materials.

- 3/2004-4/2004 Lyndon B. Johnson Hospital, Pediatric Emergency Room Houston, TX
Design: Prospectively enrolled and surveyed parents about their perception of their child's weight status
Findings: Latino parents underestimated obesity in their children
- 2002-2003 University of Texas Health Science Center Tyler, TX
Design: Maintained the bacterial and mammalian cell culture lines of Pierre Neuenschwander, Ph.D., which express human tissue factor and various clotting factors.
Findings: Purified the protein products used in characterization studies, helping to elucidate disorders of clotting such as in envenomations and hemophilia.
- 2000-2002 University of Texas at Tyler Tyler, TX
Design: Population samples of cottonmouth snakes and satellite tracking of reptile movements and their effect of food availability on clutch size.
Findings: Female size inversely correlates with clutch and egg sizes.
Design: 24-hour video surveillance with infrared camera to quantify activity and movement of *Madagascarophis occelatus*.
Findings: Female size inversely correlates with clutch and egg sizes. They exhibit diurnal activity patterns in captivity.

PRESENTATIONS

1. *The Science of Full-Spectrum Hemp Oil: The Truth About Medical Marijuana vs. CBD Oil.* 2018-Present. Various Locations.
2. *Trauma Themes in Post-Combat Reintegration.* Combat PTSD Conference for Veterans and Dallas-Area First Responders. August 27, 2016. Lewisville, TX.
3. *Medications for Insomnia in Posttraumatic Stress Disorder.* Combat PTSD Conference for Veterans and First Responders. July 9, 2016. The Cascades, Tyler, TX.
4. *PTSD Treatment: Where Psychiatry and Neurology Intersect.* The Neurology Symposium. March 18, 2016. Tyler, TX.
5. *The Biology of PTSD.* Combat PTSD Conference for Veterans. March 12, 2016. Lone Star Church, Tyler, TX.
6. *Cutting Edge Advances in PTSD Treatment.* Inside the PTSD Mind: East Texas Medical Center EMS Series. February 12, 2016. Tyler, TX.
7. *Post-Traumatic Stress Disorder and Substance Abuse.* Knowledge First, East Texas Medical Center's Health Education Series. December 14, 2015. Tyler, TX.
8. *Measuring Progress in Dual Diagnosis Patients: PTSD and Substance Abuse.* Smith County Trauma-Informed Court Educational Series. December 11, 2015. Tyler, TX.

9. *What It's Like to Go to War: Etiology of Post-Traumatic Stress Disorder, Medication Interventions and Treatment Challenges*. Texas Psychological Association 2015 Conference. November 15, 2015. San Antonio, TX.
10. *Post-Traumatic Stress Disorder*. Weekly Round Table Series. East Texas Medical Center, October 14, 2015 – Present. Tyler, TX.
11. *The Prevalence of Burnout Among Premedical Students*. Robinson, D., Williams, D. 168th American Psychiatric Association Annual Meeting; International, Medical Student – Resident Competition Poster. May 16-20, 2015, Toronto, Ontario Canada.
12. *Patient Safety and First Responder Stress Management*. Leaders Quorum, East Texas Medical Center, Emergency Medical System. April 24, 2014. Tyler, TX.
13. *Counseling the Veteran and Active Duty Military Population*. Faculty presentation, University of Texas at Tyler, Department of Advising. March 17, 2015. Tyler, TX.
14. *The Clinical Management of Post-Traumatic Stress Disorder*. Advanced Practice Symposium. January 27, 2015. Baylor Scott & White Health, Temple, TX.
15. *Challenges in Contemporary HIV Care*. Schwartz Center Rounds: A multidisciplinary forum where clinical caregivers discuss social & emotional issues that arise in caring for patients. November 6, 2014. Baylor Scott & White Health, Temple, TX.
16. *Major Depression and Suicide Over the Lifespan*. Mental Health and Wellness Conference. October 24, 2014. Central Texas College, Killeen, TX.
17. *Depression in Resident Physicians*. Departmentally-Nominated Podium Presentation. 2nd Annual Academic Operations Research Days, May 10, 2014. Texas A&M Health Science Center, Temple TX.
18. *Medical Student Mental Health Initiatives at Baylor Scott and White Health*. 2nd Annual Research Days. May 9, 2014. Texas A&M Health Science Center, Temple TX.
19. *Homefront: Impact Of A Post-Deployment Family Health Initiative On Post-Traumatic Stress Disorder, Depression, And Anxiety in Active Duty Soldiers*. International Society for Affective Disorders, April 28-30, 2014. Berlin, Germany.
20. *The 3 D's of Geriatric Psychopathology: Delirium, Dementia and Depression*. Scott and White Healthcare Geriatric Conference. April 16, 2014. Temple TX.
21. *Sleep Disorders in Military Veterans of Operation Iraqi Freedom and Operation Enduring Freedom*. 2014 Philadelphia Sleep Conference, March 28, 2014. Valley Forge, PA.
22. *Sleep-Induced Movement Disorders*. 2014 Philadelphia Sleep Conference, March 28, 2014. Valley Forge, PA.
23. *Medical Student Burnout: The Evidence Base Meets the United States Medical Licensing Exam Step 1*. Gold Humanism Honor Society, Texas A&M Health Science Center, February 24, 2014.
24. *Vocational Rehabilitation in the Medical Education Pipeline*. Grand Rounds. May 3, 2013. Texas A&M University, Scott & White Healthcare Department of Psychiatry and Behavioral Science. Temple, TX.

25. *Efficacy of Burnout Interventions in the Medical Education Pipeline: A Systematic Review*. Daniel Williams, MD; Gian Tricomi, MD; Becky McKay. Texas Society of Psychiatric Physicians. November 11, 2012. Galveston, TX. [AND] Research Days. Scott & White Hospital. May 7, 2013. Temple, TX.
26. *Medical Mastermind Community: A Pilot Project To Recruit Disadvantaged Students Into Medical Careers*. Daniel Williams, Toni Ognibene, Heather de Anda, Randy Freeman. National Hispanic Medical Association Conference, April 26-29, 2012. Washington, D.C.
27. *Usage of "New Media" Channels For Pre-Medical Curriculum In Classrooms And Distance Learning Environments*. Daniel Williams, Chanhee Jo. Southwest Teaching & Learning Conference, March 30-31, 2012. Texas A&M - San Antonio, TX.
28. *15-Year Plan To Increase Rural Physician Distribution In Texas*. Daniel Williams. January 28, 2012. Committee on Rural Health. Texas Medical Association's 2012 Winter Conference, Austin, TX.
29. *Activity Patterns of the Madagascrophis ocellatus in Captivity*. Daniel Williams, Neil Ford. March 2002. Texas Academy of Science, Laredo, TX.

PUBLICATIONS

1. Williams DM, Tsan JY, Trent ME, Copeland LA. Implementation of a Community Psychological Treatment Program for Military Families: Project Homefront. *The International Journal of Social Sciences and Humanities Invention*, Vol. 3, Iss. 4. April 2016. <http://valleyinternational.net/index.php/our-jou/theijsshi/archive/150-theijsshi-volume-3-issue-4-april-2016/581-implementation-of-a-community-psychological-treatment-program-for-military-families-project-homefront> (Accessed May 9, 2016)
2. Trent ME, Wehbe-Janek H, Hegefeld WA, Williams DM, Waldo KB. Impact of health care adversity on providers: Lessons learned from a staff support program. *American Society for Healthcare Risk Management*, vol 36, no 2.
3. Williams D. *Combat PTSD in America: Toward a Permanent Solution*. 1 ed. Raleigh, North Carolina: Combat PTSD Press; 2016.
4. Williams, Daniel, Annie Janise, Robert Reid, and Diana Robinson. "The Prevalence of Burnout Among Premedical Students." *PreMed Life Magazine*. May-June 2015: 30-35. Epub 2015 May 4.
5. Rubin R. Recent suicides highlight need to address depression in medical students and residents (quoted in). *JAMA*. 2014;312(17):1725-1727.
6. Williams DM. First Episode Psychosis and Lavender Exposure: A Case Report. *American Open Toxinology Journal* 2014; 1:1-4.
7. Joules N, Williams DM, Thompson AW. Depression in Resident Physicians: A Systematic Review. *Open Journal of Depression* 2014; 3:89-100.
8. Williams D, Tricomi G, Gupta J, Janise A. Efficacy of Burnout Interventions in the Medical Education Pipeline. *Academic Psychiatry* 2014: 1-8.

9. Williams DM. Cracking the Code on the "Hidden Curriculum" in the Medical Education Pipeline and its Contribution to Attrition. *Journal of Unschooling and Alternative Education* 2014.
10. Thompson AW, Williams DM, Angelino A, Freudenreich O, Treisman GJ. Psychotic Disorders and Severe Mental Illness. In: Cohen MA, Gorman JM, Jacobson JM, Volberding P, Letendre S, eds. *Comprehensive Textbook of AIDS Psychiatry - A Paradigm for Integrated Care*. 2 ed. New York, NY: Oxford University Press; 2014.
11. Janise A, Williams D. Paroxysmal Hypnogenic Dyskinesia: A Video Case Report. Valley Forge, PA: RT Sleep World; 2014.
12. Williams DM, Ognibene T, Anda Hd, Freeman R. MMC Helps Gets Students Accepted Into Med School. In: About MMC Mobile. <http://medical-mastermind-community.com/uploads/MMC-Helps-Students-Get-Accepted-Into-Med-School.pdf>: Premedical Solutions, LLC; 2013.
13. Williams DM, Ognibene TM, Anda Hd, Freeman RS. Mastermind Approach Raises GPA and MCAT Scores. In: About MMC Mobile. <http://medical-mastermind-community.com/uploads/Mastermind-Approach-Increases-GPA-and-MCAT-Scores.pdf>: Premedical Solutions, LLC; 2013.
14. Williams DM. Paroxysmal Hypnogenic Dyskinesia Responsive to Doxylamine: A Case Report. *Case Reports in Neurological Medicine* 2012; 2012:484689.
15. Williams DM. Medical School Podcasts: Choosing Teaching Technology Based Upon Evidence. *Southwest Teaching and Learning Journal* 2012; 2:87-91.
16. Hill N, Williamson J. Napoleon Hill: Yesterday and Today for Tomorrow (quoted in). Napoleon Hill Foundation; 2011.